Menu

Week 1



Breakfast 8am to 9am:

Selection of Cereals, Toast & Fruits. Egg, Cheese or Porridge will be offered on alternate days. Milk and water to be served with snacks and breakfast

	Morning Snack	Lunch – Vegetarian option also available	Pudding	Afternoon Snack	Tea - Vegetarian option also available
Monday	A selection of either fruit, vegetable sticks, cheese or crackers. Served with milk or water	Spaghetti bolognaise with small hidden vegetable in the sauce (carrots, tomatoes and onions)	Yogurt	Selection of seasonal Fruit	Toasted Bagels
Tuesday		Chicken balls, carrots and sweet potato wedges & gravy	Fruit salad with cream		Homemade Pizza
Wednesday		Homemade fish goujons with potatoes, broccoli & veg gravy	Rice pudding		Jacket Potatoes with a selection of Baked beans, tuna & cheese
Thursday		Macaroni Cheese with hidden cauliflower & sweetcorn on the side	Fruit		Sandwiches
Friday		Mild Lamb curry and rice	Homemade short biscuit		Fishfingers with baked beans

Menu

Week 2



Breakfast 8am to 9am:

Selection of Cereals, Toast & Fruits. Egg, Cheese or Porridge will be offered on alternate days. Milk and water to be served with snacks and breakfast

	Morning Snack	Lunch – Vegetarian option also available	Pudding	Afternoon Snack	Tea - Vegetarian option also available
Monday	A selection of either fruit, vegetable sticks, cheese or crackers.	Chili Con Carne with brown rice	Homemade milk smoothies	Selection of seasonal Fruit	Cheese on toast
Tuesday		White Fish Cakes, potato wedges and sweetcorn	Yogurt		Cold tuna pasta with sweetcorn.
Wednesday		Chicken sausages, mash potato, peas and gravy	Cake		Hot wraps with fillings Sandwiches for the Baby room
Thursday	Served with milk or water	Beef Stew with dumplings	Fruit		Beans on toast
Friday		Roast Chicken with seasonal vegetable, potato and Gravy	Custard tart		Jacket Potatoes with a selection of Baked beans, tuna & cheese

Menu

Week 3



Breakfast 8am to 9am:

Selection of Cereals, Toast & Fruits. Egg or Cheese will be offered on alternate days. Milk and water to be served with snacks and breakfast

	Morning Snack	Lunch – Vegetarian option also available	Pudding	Afternoon Snack	Tea - Vegetarian option also available
Monday	A selection of either fruit, vegetable sticks, cheese or crackers. Served with milk or water	Tuna, vegetable pasta bake	Homemade biscuits	Selection of seasonal Fruit	Sandwiches and vegetable sticks
Tuesday		Cottage pie with turkey mince	Banana milk Smoothie		Fishfingers with baked beans
Wednesday		Vegetable lasagne served with sweetcorn	Fruit salad with cream		Soup and Garlic bread
Thursday		Children's mild jerk chicken, rice and peas	Natural yogurt and fruit compote		Homemade pizza
Friday		Chicken sausages, mash potato and Baked beans	Pineapple upside-down cake		Warm tortilla wraps with cheese and ham